

# PHSD 144 – March 16 – 20 Menu

March 2020	MONDAY  March 16	TUESDAY  March 17	WEDNESDAY  March 18	THURSDAY  March 19	FRIDAY  March 20
<b><u>Breakfast Entree</u></b>	Cinnamon Roll	French Toast Bites	Cereal Bars	Breakfast Pizza	Scramble Eggs
	Turkey Sausage		Fruit Snacks/Cheese Stick	Turkey Sausage/Gravy	Wheat Toast
<b><i>GRAB &amp; GO Option Alternate Bagged breakfast, student will also select a fruit/juice and/or milk</i></b>	Cold Breakfast Cereal & Mozzarella	Bagel w/Cream Cheese	Express Breakfast	Fruit Muffin w/Yogurt Cup	Pop Tarts w/Colby/Jack Cheese Stick
Milk	White Chocolate	White Chocolate	White Chocolate	White Chocolate	White Chocolate
Daily	Cupped Fruit or Juice	Cupped Fruit or Juice	Cupped Fruit or Juice	Cupped Fruit or Juice	Cupped Fruit or Juice
<b><u>Lunch Entrée</u></b>	BBQ Chicken Sandwich	French Bread Pizza	Chicken Fajita	Macaroni and Cheese	Sloppy Joe
Starch	Baked Beans	Tater Tots	Rice	Wheat Pasta	Mashed Potatoes
Vegetable	Corn	Green Beans	Refried Beans	Broccoli	Carrots
Bread	Wheat Bun	Crust from Pizza	Tortilla Shells	Dinner Roll	Hamburger Bun
Milk	White Chocolate Strawberry	White Chocolate Strawberry	White Chocolate Strawberry	White Chocolate Strawberry	White Chocolate Strawberry
Daily Fresh Vegetable Option	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Afternoon Snack	Baked Cheetos	Graham Crackers	Chocolate Caramel Snack	Garden Variety Sun Chips	<u>NO</u>
Beverage	Orange Juice	Strawberry Milk	Apple Juice	Orange Juice	<u>Snack</u>